



Spectrum Society

NEWSLETTER

Spectrum Community Office

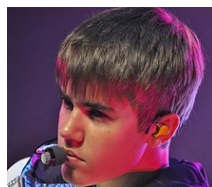
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Hours of Operation
8:00 AM to 5:00 PM
Monday - Friday
Closed 12:00 Noon to 1:00

www.SpectrumatValVista.com

WHAT MADE 2011 MEMORABLE?

It's amazing how much can take place in one year. If you kept up on current events throughout the year, then you know 2011 was very memorable. On a **GLOBAL** level the world population reached a new milestone. A report was released in October, titled "The State of World Population 2011: People and possibilities in a world of 7 billion". Of those 7 billion, **Forbes** reported that 1,210 of them are **BILLIONAIRES**, with a combined total net worth of 4.5 trillion. The wealthiest of this group is Carlos Slim Helu of Mexico, worth 63.3 billion. Other noteworthy events were the magnitude 9.0 earthquake that rocked Japan, the conclusion of the hunt for Osama Bin Laden, and the 10th Anniversary of 9/11.

In the Nation's **FINANCIAL** news, the "Occupy Wall Street" movement emerged and Standard & Poor lowered the U.S credit rating from AAA to AA+ which removed it from its list of risk free borrowers.



In **SOCIAL MEDIA**, Justin Bieber was the most searched person on Bing and You Tube hit a whopping 1 trillion views. Facebook reported that there are over 800 million active users and more than 50% of them log in on any given day. Co-Founder, Dustin Moskovitz is reported to be the worlds youngest billionaire.

In **ENTERTAINMENT**, Adele was the top selling artist and Harry Potter & the Deathly Hallows part 2 had the highest total gross sales in the box office. Two **BILLION** viewers tuned in to watch Prince William marry Kate Middleton, making it the most watched event of the year.

Scandal and dark shadows were cast down on the world of **SPORTS**. Most middle class citizens sat on the sidelines witnessing yet another battle of millionaires against billionaires in the NFL and NBA Lockouts. The programs at Miami and Ohio State were stained with scandal as was MLB MVP Ryan Braun. Most notably was the Sandusky scandal at Penn State, making everything else pale in comparison.



If you concluded your year by purchasing Christmas gifts online, you were part of the "in crowd" that contributed to \$35.3 billion spent during the holiday season. Amazon reported that throughout December, more than 1 million Kindle devices were sold each week making it the hottest selling item.

Regardless if you rated your year an A+ or not, there is always excitement with the **START OF A NEW YEAR**. Sometimes it's better to reflect on what you learned in past year and apply those lessons in the new year. Either way, 2012 has arrived and it's up to you to make it a year to remember!

INSIDE THIS ISSUE:

Resolve to stick to it!	2
Volunteer Opportunities	3
Upcoming Meetings	3
Financial Report	4
Spectrum Highlights	4
Management Contacts	4

STICK TO IT



It's the start of a New Year, which means millions of Americans resolve to change their bad habits. Are you one of them? Can you make a change that will last throughout the year or will it fizzle out by the end of January? Challenge yourself to stick to your resolution until it becomes a healthy habit! Here are some helpful tips, recipes, and inspirations that will encourage you to be successful whether you are working towards a healthy diet, becoming organized, or staying active.

ORGANIZE YOUR "JUNK" DRAWER

Here are three simple steps to maximize your space and get more organized.

1. Empty It Out— pull everything out of your drawer at once. Discard anything that is too old, dried up or expired.
2. Sort Smartly— Pluck items that belong elsewhere and make piles for each area. Then sort the remaining items that belong and group by category, i.e. batteries, pencils, etc.
3. Organize Efficiently— Put items back using an inexpensive organizing tray such as a utensil organizer or ice cube tray.

For other organizing tips visit <http://www.realsimple.com/home-organizing/index.html>



LOW FAT TURKEY CHILI

- **Calories:** 198.8 • **Fat:** 1.4 g • **Carb:** 29.7 g • **Fiber:** 7.0 g • **Protein:** 19.5 g
- 1.3 lbs 99% lean ground turkey
- 1 medium onion, chopped
- 1 bell pepper, chopped
- 10 oz can rotel tomatoes with green chilies
- 15 oz canned or frozen corn, drained
- 15 oz kidney beans, drained
- 8 oz tomato sauce
- 16 oz fat free refried beans
- 1 packet taco seasoning (you can use 40% less sodium)
- 2 1/2 cups fat free low sodium chicken broth

In a large pot, **brown** turkey on medium heat, breaking up with a wooden spoon as it cooks. When cooked through, **add** onions and pepper and **cook** 2-3 minutes. **Add** tomatoes, corn, beans, tomato sauce, refried beans, taco seasoning and chicken broth. Bring to a boil and **simmer** about 10-15 minutes.

Serve with a few baked tortilla chips and your favorite toppings such as low fat sour cream, jalapeños, reduced fat cheese, chopped scallions, onions, or chopped fresh cilantro. Freeze leftovers in individual portions for future meals

THE 100 WORKOUT:
 100 JUMPING JACKS
 90 CRUNCHES
 80 SQUATS
 70 LEG LIFTS
 60 JUMPING JACKS
 50 CRUNCHES
 40 SQUATS
 30 LEG LIFTS
 20 JUMPING JACKS
 RUN FOR 10 MINUTES

MAKE YOUR COMMUNITY BETTER

Give 4.5 hours of your time to help determine the needs of the Gilbert Community.

A community needs assessment will be conducted on Saturday, January 28 from 8 a.m. to 12:30 p.m. at the Southeast Regional Library. We need HOA Board Members, Social Service Professionals, Community Managers, Service Organizations Leaders, School Officials, Students' Parents, Housing Professionals, Faith Community Leaders, Block Watch Leaders, Business Leaders, Boards and Commissions Members, Safety Professionals, Public Works Customers and Providers and Student Leaders. You will be asked to share your views regarding how the community can meet resident needs, what are the challenges that Gilbert faces, and what resources are available to meet community needs. This program is made possible by the Congress of Neighborhoods, The Gilbert Republic, The Leadership Centre, The Community Action Network and Gilbert Leadership. Contact Helga.Stafford@gilbertaz.gov to let us know that you are coming and receive a preview of the agenda.

Please contribute to the "Feed the Dream" food drive to honor Dr. Martin Luther King on his birthday.

Fill and donate a grocery bag and drop it off on Saturday, January 14 from 9 a.m. to noon or Sunday, January 15 from 1 to 4 p.m. at the Open Arms Care Center at 522 N. Gilbert Rd.; Southeast Regional Library at Greenfield and Guadalupe roads; or any of the Town of Gilbert public buildings. Go a step further. Engage your faith group, community group, business group, parenting group, school group, or social and networking groups to support this food drive, too.

Learn more at <http://www.gilbertaz.gov/mlk/>.



IMPORTANT DATES

Design Review Committee

Thursday, January 19th at 6pm

Board of Directors Meeting

Tuesday, January 17 at 6pm

Covenants Review Committee

Friday, February 3 at 4:30

New Homeowner Orientation

Tuesday, February 7 at 6pm

All meetings are held at the Community offices located at 3303 S. Lindsay Rd. Suite 124.

COMMON COURTESIES

The top 3 most common phone calls our office receives are issues that can be handled by residents fairly simply.

ONE– cars parked in the street that cause safety hazards or inconvenience the homeowners by restricting their ability to maneuver their own cars. As a reminder, overnight street parking is prohibited. To view the parking policy, please visit the website at www.spectrumatvalvista.com

TWO– Constant dog barking during late night/early morning hours. Please be considerate of your neighbors and let your dogs inside if they bark constantly. The association has decided to follow the same guidelines established for the Town of Gilbert.

THREE– Animal waste being left in common areas or even in resident's front yard. It's such a privilege to be able to take your pet on a walk in our friendly neighborhood. Please keep it friendly by picking up after your pet.

FINANCIAL REPORT

Spectrum year-end financials reflect a positive variance of nearly two-hundred and eight-thousand dollars (\$208,000). Most of this variance is attributed to less than anticipated bad debt for Spectrum in 2012. The remaining factors to the variance are collecting over \$64,000 in transfer fees (which exceeded 2011's *annual* budget by over \$42,000) and utilities finished out year \$25,000 under budget. Spectrum completed 2011 excelling in nearly every aspect of the budget while maintaining solid financial health to lead into 2012. 2012 is going to be one fantastic year for Spectrum Community Association. Should you have any specific questions, do not hesitate to contact me at jmarshall@ccmcnet.com.

SPECTRUM AT VAL VISTA 2011

During 2011 the Board of Directors and CCMC worked together to set and accomplish goals for the community. Some of the highlights include...

- Implemented an increase of electronic communication with Spectrum Members which resulted in a reduction of 29% in postage expenses
- Utilizing cost-effective management, CCMC was able to provide Spectrum a savings of \$420,000.
- Partnered with local businesses and hosted a Blind Wine Tasting, Spring Fling, Wine and Design, Happy Hour at Blue 32, Harvest Festival, Jingle Bell Festival, New Owner Orientations, and Annual Meeting at the Hyatt at no cost to the community.
- Since 2010, the on-site office has monitored over 70 payment plans, resulting in the collection of \$92,972. This additional service was provided at no charge to the Association

The Board is setting goals for 2012 and would love to have your input. If you have any ideas or have something you would like addressed, please attend the next meeting on January 26 at 6pm at the Community Office.



SPECTRUM MANAGEMENT TEAM



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